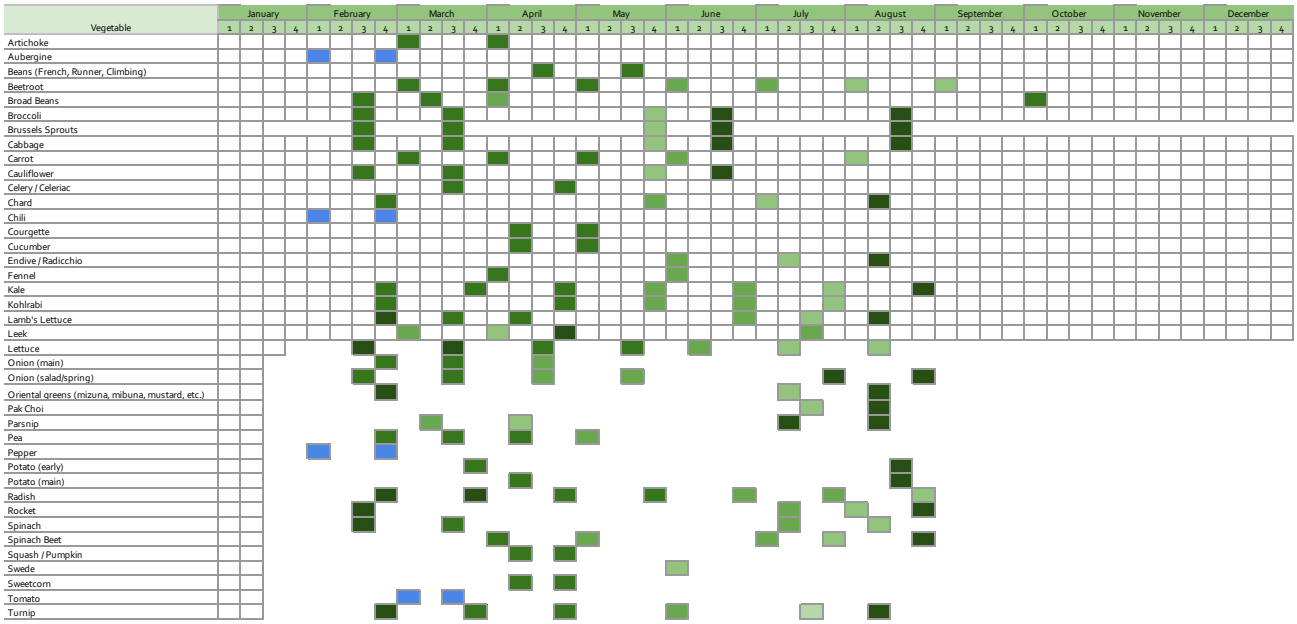
Vegetable
January
February
March
April
May
June
July
August
September
October
November
December
1 2 3 4
Artichoke
Aubergine
Beans (French, Runner, Climbing)
Beetroot
Broad Beans
Broccoli
Brussels Sprouts
Cabbage
Carrot
Cauliflower
Celery / Celeriac
Chard
Chili
Courgette
Cucumber
Endive / Radicchio
Fennel
Kale
Kohlrabi
Lamb's Lettuce
Leek
Lettuce
Onion (main)
Onion (salad/spring)
Oriental greens (mizuna, mibuna, mustard, etc.)
Pak Choi
Parsnip
Pea
Pepper
Potato (early)
Potato (main)
Radish
Rocket
Spinach
Spinach Beet
Squash / Pumpkin
Swede
Sweetcorn
Tomato
Turnip
Harvest in Spring; sowed into multicell tray and placed in polytunnel until ready to plant out
Harvest in Summer; sowed into multicell tray and placed in polytunnel until ready to plant out
Harvest in Autumn; sowed into multicell tray and placed in polytunnel until ready to plant out
Harvest in Winter; sowed into multicell tray and placed in polytunnel until ready to plant out
sowed into multicell tray and placed in cool upstairs room on table in front of south-facing window, with growlights until ready to plant out and/or to be growin indoors on windowsills